

This list is only a sampling of the support programs available to parents in LaSalle/Putnam Counties.



PROGRAMS, CLASSES & SUPPORT GROUPS FOR PARENTS 2010– 2011

ACCESS SERVICES

accessni.com

7399 Forest Hills Road
Loves Park, IL 61111
815-282-8824

Provides case management services to children and adults with developmental disabilities who may need supportive living or residential placement

ADD/ADHD SUPPORT GROUP

St. Margaret's Hospital, Spring Valley
Occupational Health 1st Floor Presentation
Room 2nd Tuesday 6:30 – 8:00
Call Mary or Kelly at 815-664-1613

ST MARY'S HOSPITAL

www.stmaryshospital.org

Classes and Event (updated on-line)
St. Mary's Hospital
111 Spring St.
Streator, IL 61364
815-673-2311

ALTERNATIVES TO DOMESTIC VIOLENCE

Box 593
Streator, IL 61364
800-892-3375

Provides counseling and shelter for victims of domestic violence in LaSalle County.

AUTISM RESOURCE CENTER

friends@ottawafriendship.com

c/o Friendship Village
Ottawa, IL 61350
815-434-0737

Pam Gast-Contact Person
Provides Resources for Families dealing with Autism. Call for more information

AUTISM SUPPORT GROUP

"ENERGY FOR AUTISM"

Meets monthly at St. John's Lutheran Church, 607 10th St., Mendota, IL
Contact Person - Lydia Jones at:
309-364-2654 or forkids64@hotmail.com

CANCER SUPPORT CENTER

cancersupportcenter.org

2028 Elm Road, Homewood, IL 60430-1707, 708-798-9171 *The Center provides programs and services for children, families, & teachers including a support group for children who have a family member with cancer. No charge*

CATHOLIC CHARITIES

www.ccdop.org

542 Crosat and 815 2nd Street
LaSalle, IL 61301
815-224-9271

Provides individual and family counseling on a sliding scale. Women's counseling and support services. Array of services for families and individual of all ages.

CHOICES

www.ottawaregional.org

1100 East Norris Drive

Ottawa, IL 61350

815-433-3100 ext. 448

Provides outpatient mental health services for children and adolescents and inpatient treatment for adolescents.

CIRCUIT BREAKER SCHOOL

www.lease-sped.org

2233 Sixth St., Suite 1

Peru IL 61354

815-220-0740

Public day school operated by L.E.A.S.E. for students with behavioral and emotional disturbance. Phil Gassman, Principal

DEPARTMENT OF CHILDREN AND FAMILY SERVICES (DCFS)

500 State Street

Ottawa, IL 61350

815-433-4371

Child Abuse Hotline: 800-25ABUSE

DOWNS SYNDROME SUPPORT

www.il-rk.easterseals.com

Easter Seals Children's Dev Center

650 N. Main St., Rockford

Call: Lori Davie: 815-965-6745

Northwest IL Autism Support Group

Family Support Groups

Sibling Support activities

FREEDOM HOUSE

440 Elm St.

Princeton, IL 61356

815-875-8233

Provides shelter and support for victims of domestic violence in Putnam, Bureau, Henry, Marshall, & Stark Counties.

HOMELESS SERVICES

Arlene Jackson and Martha Small

Homeless Liaisons

Regional Office of Education

112 W. Madison St.

Ottawa, IL 61350

815-434-0780

HORIZON HOUSE

2000 Plank Road

Peru, IL 61354

815-223-4488

Provides respite, employment, job training, and housing for people with developmental disabilities.

ILLINOIS DEPARTMENT OF REHABILITATION SERVICES (Direct Rehabilitation Services)

905 Second St.

LaSalle, IL 61301 - 815-224-1314

800-641-3929

Provides respite services, vocational assessment, training, and job placement for people with disabilities.

ILLINOIS STATE BOARD OF EDUCATION (ISBE)

100 North First Street

Springfield, IL 62777-0001

217-782-4321

ILLINOIS VALLEY COMMUNITY HOSPITAL

ivch.org (view website for classes, events, support groups, etc.)

926 West St.

Peru, IL 61354

815-224-9360

IL Valley Hospice – 815-224-1307

ILLINOIS VALLEY COMMUNITY HOSPITAL (continued)

Counseling Services 815-780-3696

Kevin McLendon, LCPC, DAPA

Provides parent support groups in various areas at different times/days of the week. It is best to call or refer to website www.ivch.org for more information. i.e. Mothers of Multiples, Bipolar/Depression, Grief Counseling, Cancer support...

**INFINITEC ASSISTIVE
TECHNOLOGY COALITION**

www.myinfinitec.org

7600 West 183rd Street

Tinley Park, IL 60477

708-444-4203

*Please contact Barbara Harte,
L.E.A.S.E. Coordinator who is the
assistive technology liaison to
arrange an assistive technology
consultation.*

KIDCARE

Box 19122

Springfield, IL 62794-9122

1-800-226-0768

*Health insurance for Illinois
children, which matches family's
income and situation. Family may
have other insurance.*

LASALLE COUNTY EASTER SEAL

www.easterseals.com

1013 Adams St.

Ottawa, IL 61350

815-434-0857

*Birth-3 programs for children with
developmental delays. Special
education programs and services for
children and adults.*

LIGHTED WAY

941 Sixth St.

LaSalle, IL 61301

815-224-1345

*Private Day School for children with
severe disabilities ages 3-21*

**LUTHERAN SOCIAL SERVICES
CROSSROADS COUNSELING**

607 Tenth Avenue

Mendota, IL 61342

815-539-3888

*Outreach office in Peru.
Provides individual and family counseling
on a sliding scale*

**MUMS PARENT TO PARENT
NETWORK**

*Internet based nationwide organization for
parents and caregivers of a child with any
sort of disability (including ADHD).*

*Matches parents who have children with
similar disabilities. See*

www.netnet.net/mums or call Julie
Gordon, 877-336-5333

**NATIONAL ALLIANCE FOR THE
MENTALLY ILL (NAMI) NAMI.org**

North Central Behavioral Health Systems

727 Etna Road, Ottawa, IL

3rd Thurs./Month 6:30 p.m.

Call: Paulette Sheedy 815-433-0430 or

NCBHS 815-434-4727

*A support group for families who have a
loved one who suffers from a mental illness.*

**NORTH CENTRAL BEHAVIORAL
HEALTH SYSTEMS**

727 Etna Road

Ottawa, IL 61350

815-434-4727

NCBHS:

La Salle, IL 61301

815-224-1610

This is our local mental health facility.

*There are offices in Streator, Princeton,
Henry, and Wyoming, as well.*

*Provides individual and family counseling,
substance abuse counseling, crisis
intervention and parenting classes on a
sliding scale. Psychiatrists on staff.*

**NUTRITION/HANDWASHING/
PARENT-CHILD COMMUNICATION**

University of IL Extension Office

Ottawa, IL

815-433-0707 –for more information

*Provides programs for parents on nutrition
and/or hand-washing, how to grow your
own healthy foods, etc. Offers free printed
information on nutrition, compliance, and
parent-child communication. Variety of
video tapes on parenting issues are also
available for check-out.*

PARENT COUNSELING

CHOICES Clinic of Community Hospital of
Ottawa - 815-434-4382

Lutheran Social Services, Mendota
815-539-3888

Youth Service Bureau –Ottawa, Streator,
Mendota, LaSalle 815-433-3953

PARENTS OF CHILDREN WITH DISABILITIES PROGRAM

IL Valley Center for Independent Living
18 Gunia Drive, LaSalle

Call for more information 815-224-3126

*Offers various programs throughout the
year, i.e. training workshops, teen socials,
yearly teen transition summit...*

PARENT MEETING MONTHLY (Small Steps Program)

Northbrook Education Bldg.
1806 Guiles, Mendota IL 61342
815-538-1849 (Chris Beetz)

*Parenting classes are in both english and
spanish. Playgroups 0-5*

PARENT- SUPPORT CONSULTANT

Contact Cheryl Finkelstein for more
information 815-673-1102

REGIONAL HOSPITAL OF OTTAWA

www.ottawaregional.org

(view for a complete listing of services)

1100 E. Norris Dr.
Ottawa, IL 61350
815-433-3100

Hospice
Adult Day-Care
Sleep Disorders

RESPITE CARE

Respite care is available for children and
adults with special needs. This is a sitter-
service available for an hour or much longer.

Horizon Industries—815-223-2570 for
LaSalle County

Gateway Services—815-875-4548 for
Putnam County

RESPITE CARE continued

Division of Rehabilitation –

815-224-1314—A similar service (24 hours)
is available. For this service applicants must
go through the Medicaid application
process. However, they do not need to be
eligible for Medicaid.

COACH CARE CENTER—Naperville, IL
(663)271-9155, provides 24 hr. respite,
overnight to 14 days, for the constant care,
medically fragile, and severely dev. disabled
children under age 21.

STREATOR AREA HOME EDUCATORS

Call: Amy Vitton, 815-358-2015

*Quarterly meetings, monthly activities, and
field trips. Offers support and activities for
parents who are home schooling their
children.*

TRUANCY

Regional Office of Education-LaSalle Co.
119 W. Madison, Ottawa, IL 61350
815-434-0780

Putnam County: ROE, Washburn, IL
309-248-8212

TRAUMATIC BRAIN INJURY

Contact Lori Welch at 815-782-2777 or
email: loriwelch@mchsi.com for more
information regarding meeting dates or any
related questions concerning TBI or Stroke
support.

YOUTH SERVICE BUREAU OF THE ILLINOIS VALLEY

424 West Madison
Ottawa, IL 61350
815-433-3953

Branches: La Salle – 815-224-3631

Mendota – 815-538-4686

Streator – 815-672-7073

*Provides free counseling and an array of
supportive services to youth and their
families.*